



**2010**

# **Champlain Valley Open**

At Gordon Paquette Arena, 216 Leddy Park Rd., Burlington VT

**July 23 - 25, 2010**

All entries must be postmarked **June 19, 2010**.

**Free Skate, Competitive Test Track, Adult, and Dance Events**

**ISU Judging System, using mini system, For Juvenile Free Skate and Above**

Sanctions pending from US Figure Skating and Skate Canada



**Organized By**

**Champlain Valley Skating Club**

P.O. Box 3212  
Burlington, Vermont 05408

Visit our web site at: [www.champlainvalleyskatingclub.org](http://www.champlainvalleyskatingclub.org)

## Champlain Valley Open General Information

- Location:** The Gordon Paquette Arena is located at 216 Leddy Park Rd., Burlington, VT 05408
- Contact:** For additional information, please email [cvochair@champlainvalleyskatingclub.org](mailto:cvochair@champlainvalleyskatingclub.org) or call 802-862-7451 (Janet Alvarez).
- Deadline:** Entries must be postmarked no later than June 19, 2010. Late entries (postmarked after June 19, 2010) may be accepted at the discretion of the local organizing committee pending the approval of the Chief Referee and will require a \$30 late entry fee.
- Fees:** All fees are listed on the Entry Form. There will be a \$30.00 charge for returned checks. Re-submittal of the entry form will require a money order, certified check, or cash. The late entry fee is \$30.00 and will apply to all entries postmarked after June 19, 2010.
- Payment:** Make checks (in US Funds) payable to: Champlain Valley Skating Club.  
Mail to: Champlain Valley Open, c/o Sharron Scott, 290 Oak Ridge Est, Morrisville VT 05661
- Judging** IJS will be used for Juvenile through Senior free skating and short program events for singles. Skaters competing in IJS events will be asked to complete a Planned Program Content form online at [www.usfigureskating.org](http://www.usfigureskating.org) no later than July 13, 2010. If there is no Planned Program Content form filled out, the skater will not be allowed to take the ice.
- Final Rounds** Final Rounds will be held for IJS events (free skating and short programs) having 24 or more entries. Girl's pre-preliminary freeskate may have a final round if the referee feels it is needed based on the number of entries in order to award the Elaine Lavigne Cup.
- Refunds:** Entry fees will be refunded only if the competition is not held, the event canceled, or if the entry is withdrawn before the date of closing. Refer to rules 3233, 3235.
- Eligibility:** The competition is open to all skaters who are current eligible (ER 1.00) full members of U.S. Figure Skating or Skate Canada. To be eligible, skaters must have submitted a membership application or be a member in good standing.. Eligibility will be based on skill level as of closing date of entries. Skaters in freestyle events may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition.
- Accidents:** U.S. Figure Skating, Champlain Valley Skating Club and the rink undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of this competition, and to waive and release any and all claims which they might have against any official, the U.S. Figure Skating, Champlain Valley Skating Club, its officers or the rink holding this competition. All entries shall be accepted only on such condition. (Rule 3222)
- Rink** The Gordon Paquette Arena has an ice surface that is 200' x 85' with rounded corners.
- Awards:** Medals will be awarded for 1st, 2nd, & 3rd place, and ribbons for 4th place winners. Medals will only be given if two or more skaters participate in an event.
- The name of the winner of girls pre-preliminary freeskate is engraved on the Elaine Lavigne Cup which is kept on display at the Gordon Paquette Arena. The winner receives a plaque to take home.

- Music:** Music is to be on CD, clearly labeled with the competitor's name, club name and event type. Please bring two copies of your music. Each CD should have only one track on it (if there are more than one track then we will play only the first track). In the case of short and long programs, two separate discs must be used. Music may not be submitted on re-recordable "CDRW" discs.
- Exhibitions** If only one skater is entered in an IJS event, the skater will be marked and given the protocol for the performance. If only one skater is entered in a non-IJS event s/he may be asked to skate up one level. Exhibitions will be offered to those who are juvenile and above. Any skater electing to exhibit will forfeit his/her fee for that event. Skaters will be permitted to exhibit one program only. The Referee will designate the day and time for this event. There will be no exhibitions at any other time.
- Registration:** Competitors should register and be ready to skate **at least 1 hour** before the scheduled starting time of the event. Registration desk will open one hour before the competition.
- Schedule:** The schedule will be posted on our website ([champlainvalleyskatingclub.org](http://champlainvalleyskatingclub.org)) ten days prior to the competition date.
- Admission:** Free
- Credentials:** Professionals listed on Permission Page (limit two) will receive credentials. Professionals must have met the registrations requirements (2010-2011) with US Figure Skating in order to be allowed to be credentialed and allowed to coach/instruct at this sanctioned non-qualifying event.
- Practice ice:** Practice ice information will be available on our website ([champlainvalleyskatingclub.org](http://champlainvalleyskatingclub.org)) shortly after the competition schedule is posted.
- Accommodations:** Best Western Windjammer Inn – 1076 Williston Road, South Burlington VT 05403  
100% non-smoking establishment  
1-800-371-1125 please reference 2010 CVO (group number 405921) for the rate of \$104.99/night + tax. Deadline for room reservations at this rate is June 21, 2010.

## FREE SKATE/SHORT PROGRAM

For the short program required elements, see the rulebook for the 2010/2011 season.  
Skaters may not skate below their test level, but may compete one level higher.

Free Skate Level	Eligibility	Program Length	
No Test	No tests passed. (no Axels or double jumps) (Rules 3720, 3721)	1:30 +/- 0:10	
Pre-Preliminary	No Preliminary FS test passed (Axels, but no double jumps) (Rules 3710, 3711)	1:30 +/- 0:10	
Preliminary	No Pre-Juvenile FS test (Axels and up to two different double jumps) (Rules 3700, 3701)	1:30 +/- 0:10	
Pre-Juvenile	No Juvenile FS test (Axels and up to three different double jumps) (Rules 3690, 3691)	2:00 +/- 0:10	
Juvenile * ^	No Intermediate FS test (No Triples) Twelve years of age and under (Rules 3680, 3681)	2:15 +/- 0:10	
Open Juvenile *	No Intermediate FS test (No Triples) Thirteen years of age and up (Rules 3680, 3681)	2:15 +/- 0:10	
		<b>Long</b>	<b>Short</b>
Intermediate * ^	No Novice FS test (Rules 3670, Short: 3671, Long: 3672)	2:30 +/- 0:10	2:00 max
Novice * ^	No Junior FS test (Rules 3660, Short: Ladies: 3662, Men: 3661, Long: 3663)	Ladies: 3:00 +/- 0:10 Men: 3:30 +/- 0:10	2:30 max
Junior * ^	No Senior FS test (Rule 3650-3653, Short: Ladies: 3652 Group C; Men: 3651 Group C)	Ladies: 3:30 +/- 0:10 Men: 4:00 +/- 0:10	2:50 max
Senior * ^	Must have passed at least Junior FS test (Rule 3640-3643, Short Rule: Ladies 3642, Men: 3641; Long: 3643)	Ladies: 4:00 +/- 0:10 Men: 4:30 +/- 0:10	2:50 max
<b>ADULT EVENTS</b>			
Must be 21 years or older at the entry closing date for the following events. (see rule 3730)			
Adult Pre-Bronze *	No higher than Adult pre-bronze FS test, pre-preliminary FS test or ISI freestyle 3 test (No Lutz, Axel or double jumps) (Rules 3805, 3806)	1:40 max	
Adult Bronze *	Adult Bronze FS test and no higher adult FS test or preliminary FS test and no higher or ISI freestyle 4 test and no higher (no Axels and no double jumps permitted) (Rules 3800, 3801)	1:50 max	
Adult Silver *	Adult Silver FS test and no higher adult FS test (No double jumps.) (Rules 3790, 3791)	2:10 max	
Adult Gold*	Adult Gold FS test (Axels and double jumps permitted, no double-double combination or sequence) (Rules 3780, 3781)	2:40 max	
<b>COMPETITIVE TEST TRACK</b> (elements on next page)			
Skaters may skate EITHER the test track free skate program or the well-balanced free skate program but NOT both during the same non-qualifying competition. Deductions will be made for skaters who include elements not permitted in the event description.			
Limited Beginner	No Pre-Preliminary FS test	Up to 1:30 +/- 0:10	
Beginner	No Pre-Preliminary FS test	1:30 +/- 0:10	
Pre-Preliminary Test	No test higher than pre-preliminary free skate,	1:30 +/- 0:10	
Preliminary Test	Must have passed pre-preliminary FS test, but no higher than preliminary FS	1:30 +/- 0:10	
Pre-Juvenile Test	Must have passed preliminary FS test, but no higher than pre-juvenile FS test	2:00 +/- 0:10	
Juvenile Test	Must have passed pre-juvenile FS test, but no higher than juvenile FS test	2:15 +/- 0:10	
Intermediate Test	Must have passed juvenile FS test, but no higher than intermediate FS test	2:30 +/- 0:10	
Novice Test	Must have passed intermediate FS test, but no higher than novice FS test	Ladies: 3:00 +/- 0:10 Men: 3:30 +/- 0:10	
Junior Test	Must have passed novice FS test, but no higher than junior FS test	Ladies: 3:30 +/- 0:10 Men: 4:00 +/- 0:10	
Senior Test	Must have passed junior FS test	Ladies: 4:00 +/- 0:10 Men: 4:30 +/- 0:10	

**FOR ANY PARTICULAR LEVEL, SKATERS CAN ENTER A COMPETITIVE TEST TRACK EVENT OR A REGULAR EVENT, BUT NOT BOTH.**

\* Critique for skaters and their coaches available. Time with the judge will be limited to five minutes.

^ IJS event

## COMPETITIVE TEST TRACK ELEMENTS

Level	Elements
Limited Beginner	<ul style="list-style-type: none"> <li>• Two upright spins, no change of foot (min 3 revolutions)</li> <li>• Jumps with not more than one-half rotation (front to back or back to front)</li> <li>• Jump sequences are allowed</li> <li>• Maximum 5 jump elements</li> <li>• Connecting moves and steps should be demonstrated throughout the program</li> </ul>
Beginner	<ul style="list-style-type: none"> <li>• Two upright spins, change of foot optional (min 3 revolutions)</li> <li>• Jumps with not more than one-half rotation (front to back or back to front)</li> <li>• Single rotation jumps: Salchow and toe loop only</li> <li>• Jump combinations and sequences are allowed</li> <li>• Maximum 5 jump elements</li> <li>• Connecting moves and steps should be demonstrated throughout the program</li> </ul>
Pre-Preliminary	<ul style="list-style-type: none"> <li>• Two solo spins of a different nature, no change of foot (min 3 revolutions, no flying spins)</li> <li>• All single solo jumps permitted (no Axels)</li> <li>• Jump combinations or sequences using only a waltz jump, toe loop and Salchow</li> <li>• Maximum 5 jump elements</li> <li>• Connecting moves and steps should be demonstrated throughout the program</li> </ul>
Preliminary	<ul style="list-style-type: none"> <li>• Two spins of a different nature, combinations spins allowed (min 3 revolutions each, no flying spins)</li> <li>• Jumps with not more than one rotation (no Axel)</li> <li>• Jump combinations and sequences are allowed</li> <li>• Maximum 5 jumping elements</li> <li>• Connecting moves and steps should be demonstrated throughout the program</li> </ul>
Pre-Juvenile	<ul style="list-style-type: none"> <li>• Three spins, any position (min 4 revolutions), one must be a combination spin with change of foot optional (min 3 revolutions on each foot or 6 total revolutions and no flying spins).</li> <li>• Jumps with not more than one rotation (no Axels)</li> <li>• Jump combinations and sequences are allowed</li> <li>• Maximum 6 jumping elements</li> <li>• One step sequence: straight line, circular or serpentine fully utilizing ice surface</li> </ul>
Juvenile	<ul style="list-style-type: none"> <li>• Three spins in any position (min 4 revolutions), one must be a combination spin with one change of foot (min 4 revolutions each foot). May include flying spins.</li> <li>• Any single jumps and jump combinations with not more than 1 ½ rotations (Axels permitted)</li> <li>• Maximum 6 jump elements</li> <li>• One step sequence: straight line, circular or serpentine fully utilizing ice surface</li> </ul>
Intermediate	<ul style="list-style-type: none"> <li>• Three spins in any position (min 4 revolutions), one must be a combination spin with at least one change of foot (min 4 revolutions on each foot). May include flying spins.</li> <li>• Any single jumps. Double jumps may only be double Salchow and double toe loop</li> <li>• Jump combinations and sequences allowed</li> <li>• Maximum 6 jump elements</li> <li>• One step sequence: straight line, circular or serpentine fully utilizing ice surface</li> </ul>
Novice	<ul style="list-style-type: none"> <li>• Three spins in any position (min 6 revolutions), one must be a combination spin with at least one change of foot (min 5 revolutions on each foot). May include flying spins.</li> <li>• Any single jumps. Double jumps may only be double Salchow, double toe loop and double loop.</li> <li>• Jump combinations and sequences allowed</li> <li>• Maximum 7 jump elements</li> <li>• One step or spiral sequence (see Rule 3660 for descriptions)</li> </ul>
Junior	<ul style="list-style-type: none"> <li>• Three spins—one must be flying spin, a solo spin (min 6 revolutions each) and a combination spin consisting of all three positions and one change of foot (min 2 in each position and min 5 revolutions on each foot)</li> <li>• Any single jumps. Double jumps may only be double Salchow, double toe loop, double loop and double flip</li> <li>• Jump combinations and sequences allowed</li> <li>• Maximum 8 jump elements for men, 7 jump elements for ladies</li> <li>• Men: two different step sequences</li> <li>• Ladies: One step sequence and one spiral sequence (see Rule 3650 for descriptions)</li> </ul>
Senior	<ul style="list-style-type: none"> <li>• Four spins - one must be flying spin, a solo spin (min 6 revolutions each), and a combination spin consisting of all three positions and one change of foot (min 2 in each position and min 5 revolutions on each foot)</li> <li>• At least four different double jumps: one must be a double Lutz.</li> <li>• Jump combinations and sequences allowed</li> <li>• Maximum 8 jump elements for men, 7 jump elements for ladies</li> <li>• Men: two different step sequences</li> <li>• Ladies: One step sequence and one spiral sequence (see Rule 3640 for descriptions)</li> </ul>

## SIMILAR PAIRS

Please keep mind that skating in unison is important. However this is not merely a shadow event. Teams should have some interaction between the skaters seen as recognizable pairs skating. For example, elements might include pair spins, assisted jumps, or lifts. Competitors will be judged on their ability to skate unified, on their execution of simple pairs moves as well as presentation. Vocal music is permitted.

Free Skate Level	Eligibility	Program Length
Pre-Preliminary/Preliminary	Must not have passed Pre-Juvenile FS	1:30 to 2:00
Pre-Juvenile and above	None	2:00

## MOVES IN THE FIELD

MIF level	Eligibility	Elements
Pre-Preliminary	Must not have passed Preliminary MIF	<ul style="list-style-type: none"> <li>• Pattern 1 Forward Perimeter Stroking</li> <li>• Pattern 4 Waltz Eight</li> </ul>
Preliminary	Must not have passed Pre-Juvenile MIF	<ul style="list-style-type: none"> <li>• Pattern 2 Consecutive Outside and Inside Spirals</li> <li>• Pattern 3 Forward Power Three-Turns</li> </ul>
Pre-Juvenile	Must not have passed Juvenile MIF	<ul style="list-style-type: none"> <li>• Pattern 4 Left Forward Inside – Right Back Outside 3 turns in the field</li> <li>• Pattern 5 Forward and backward Power Change of Edge Pulls</li> </ul>
Juvenile	Must not have passed Intermediate MIF	<ul style="list-style-type: none"> <li>• Pattern 2 Forward and backward Cross Strokes</li> <li>• Pattern 3 Backward Power 3-Turns</li> </ul>
Intermediate	Must not have passed Novice MIF	<ul style="list-style-type: none"> <li>• Pattern 5a Forward outside – back inside brackets in the field</li> <li>• Pattern 6 Inside Slide Chasse Pattern</li> </ul>
Novice	Must not have passed Junior MIF	<ul style="list-style-type: none"> <li>• Pattern 3 Forward &amp; Backward Outside Counters</li> <li>• Pattern 5 Backward Rocker Choctaw Sequence</li> </ul>
Junior	Must not have passed Senior MIF	<ul style="list-style-type: none"> <li>• Pattern 3 Forward &amp; Backward Outside Rockers</li> <li>• Pattern 5 Power Pulls</li> </ul>
Senior		<ul style="list-style-type: none"> <li>• Pattern 1 Sustained Edge Step</li> <li>• Pattern 4 Backward Inside Power Double 3-Turns to Power Double Outside Rockers</li> </ul>

## COMPULSORY MOVES

Entry qualifications in Compulsory Moves are the same as in the Free Skate events. Skaters may skate up one level. The compulsory moves may not exceed, but may be shorter than the specified time limits. All specified moves must be included. Connecting steps are allowed, but such steps should be limited to the minimum necessary to link the various moves. Unspecified or additional moves are not permitted and marks will be deducted if they are included. Programs will be skated without music. Skater should be prepared to compete in 1/2 ice. **Only one attempt per element permitted. No retries.**

Free Skate Level	Elements	Length
Beginner	<ul style="list-style-type: none"> <li>• Single toe loop jump</li> <li>• Single salchow jump</li> <li>• Forward scratch spin</li> <li>• Forward or backward spiral</li> </ul>	1:00
Pre-Preliminary	<ul style="list-style-type: none"> <li>• Single flip jump</li> <li>• Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump (no doubles)</li> <li>• Solo spin – sit or camel spin (minimum 3 revolutions in position, not flying)</li> <li>• Forward outside and forward inside spiral sequence</li> </ul>	1:00
Preliminary	<ul style="list-style-type: none"> <li>• Single lutz jump</li> <li>• Jump combination (may not use Lutz jump or Axel)</li> <li>• Camel spin (minimum 3 revolutions in position, not flying)</li> <li>• Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.</li> </ul>	1:30
Pre-Juvenile	<ul style="list-style-type: none"> <li>• Single lutz jump</li> <li>• Jump combination with single loop (Axel, double Salchow, double toe loop allowed)</li> <li>• Camel spin to sit spin – no change of foot – min. 3 revolutions in each position – not flying</li> <li>• Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.</li> <li>• Spin with change of foot (minimum 3 revolutions each foot, no flying)</li> </ul>	1:30
Juvenile	<ul style="list-style-type: none"> <li>• Single Axel jump</li> <li>• Lutz jump (single or double)</li> <li>• Jump combination (doubles allowed. No Axel) no turns or steps in between.</li> <li>• Camel spin (minimum 4 revolutions in position, may be flying)</li> <li>• Combination spin with change of foot (minimum 4 revolutions each foot)</li> <li>• Circular step sequence utilizing ½ ice</li> </ul>	1:30
Intermediate	<ul style="list-style-type: none"> <li>• Axel jump (single or double)</li> <li>• Layback or flying camel spin (minimum 5 revolutions in position)</li> <li>• Two jump combination with Axel (doubles allowed), no turns or steps in between.</li> <li>• Combination spin with one change of foot and one change of position (min. 4 revolutions on each foot) may be flying.</li> <li>• Ina Bauer or spread eagle</li> <li>• Double toe loop or double salchow</li> </ul>	1:30
<b>Must be 21 years or older for the following events</b>		
Adult Pre-Bronze	<ul style="list-style-type: none"> <li>• One foot spin (minimum 3 revolutions)</li> <li>• Waltz jump</li> <li>• Figure eight of forward crossovers</li> <li>• Alternating forward outside three-turns (minimum of two turns)</li> <li>• Lunge</li> </ul>	1:30
Adult Bronze	<ul style="list-style-type: none"> <li>• Waltz jump/toe loop combination</li> <li>• Salchow (single)</li> <li>• Back spin (minimum 3 revolutions)</li> <li>• 5 step mohawk sequence (minimum 1 in each direction)</li> <li>• Spiral</li> </ul>	1:30
Adult Silver	<ul style="list-style-type: none"> <li>• Single jump combination (two single jumps)</li> <li>• Flip (single)</li> <li>• Camel spin (minimum 3 revolutions in position)</li> <li>• Forward right and left spiral</li> <li>• Spin combination, one change of position, change of foot optional (minimum 3 revolutions in each position)</li> </ul>	1:30
Adult Gold	<ul style="list-style-type: none"> <li>• Axel</li> <li>• Jump combination</li> <li>• Combination spin with change of foot and change of position (minimum of 4 revolutions on each foot)</li> <li>• Sit spin (minimum of 4 revolutions in position)</li> <li>• Straight line or circular step sequence</li> </ul>	1:30

## COMPULSORY SPINS

Skaters may skate up one level. All levels will present a program without music with the spins specified for their level. There will be deductions for any jumps done. Programs can be no longer than the stated times. The eligibility for these events are the same as for the free skate events. All levels will be skated on half ice. Footwork sequences are permitted to connect moves; however they will not be marked. **One attempt per element**

Event	Required Spins	Length
Beginner	<ul style="list-style-type: none"> <li>• One foot spin</li> <li>• Two foot spin - minimum 3 revolutions</li> </ul>	1:30 max
Pre-Preliminary/Preliminary	<ul style="list-style-type: none"> <li>• Front to Back Scratch Spin – minimum 3 revolutions per foot</li> <li>• Sit Spin – minimum 3 revolutions in position</li> <li>• Camel Spin – minimum 3 revolutions in position</li> </ul>	1:30 max
Pre-Juvenile/Juvenile	<ul style="list-style-type: none"> <li>• Camel Spin – minimum 4 revolutions in position</li> <li>• Layback (ladies) / Sit Spin (men) – minimum 4 revolutions in position</li> <li>• Combination Spin: one change of position/one change of foot – minimum 4 revolutions per foot</li> </ul>	1:30 max
Intermediate/Novice	<ul style="list-style-type: none"> <li>• Flying Camel Spin - minimum 5 revolutions in position</li> <li>• Forward to Back Sit Spin - minimum 5 revolutions in position</li> <li>• Combination Spin: at least 1 change of position and 1 change of foot - minimum 5 revolutions per foot</li> </ul>	1:30 max
Junior/Senior	<ul style="list-style-type: none"> <li>• Camel Change Camel Spin - minimum 6 revolutions in position per foot</li> <li>• Flying Sit Spin - minimum 8 revolutions in the sit position</li> <li>• Combination Spin: at least 2 changes of position and 1 change of foot - minimum 6 revolutions per foot</li> </ul>	1:40 max
<b>Must be 21 years or older to enter the following categories</b>		
Adult Pre-Bronze	<ul style="list-style-type: none"> <li>• One Foot Spin</li> <li>• Two Foot Spin</li> </ul>	1:30 max
Adult Bronze	<ul style="list-style-type: none"> <li>• One Foot Spin - minimum 4 revolutions</li> <li>• Back Spin, entry optional - minimum 3 revolutions</li> <li>• Sit Spin - minimum 3 revolutions in position</li> </ul>	1:30 max
Adult Silver	<ul style="list-style-type: none"> <li>• Camel Spin – minimum 3 revolutions in position</li> <li>• Layback, Attitude or Sit Spin - minimum 4 revolutions in position</li> <li>• Combination spin: one change of foot, change of position optional - minimum 3 revolutions each foot</li> </ul>	1:30 max
Adult Gold	<ul style="list-style-type: none"> <li>• Two Solo Spins - minimum 4 revolutions each</li> <li>• One Combination Spin: one change of foot and at least one change of position - minimum 4 revolutions each foot</li> </ul>	1:30 max

## TEAM COMPULSORY MOVES

Eligibility levels are the same as in Free Skating events. Skaters may compete in any category as long as it is not below his/her highest test level. Teams shall consist of three to five skaters. No skater may execute more than two moves. A skater may have ONE attempt at a maneuver. A skater may not compete for more than one team per level. The event will be judged on a team basis only. A team may consist of any combination of boys and girls. This event may be double paneled, as determined by the Referee. **Only one attempt per element permitted.**

Free Skate Level	Elements
Pre-Preliminary/Preliminary	<ol style="list-style-type: none"> <li>1) Waltz Jump/Toe Loop combination</li> <li>2) Flip</li> <li>3) Spiral</li> <li>4) Scratch Spin</li> <li>5) Salchow</li> </ol>
Pre-Juvenile/Juvenile	<ol style="list-style-type: none"> <li>1) Layback Spin</li> <li>2) Loop/Loop combination</li> <li>3) Axel</li> <li>4) Camel/Sit Spin – no change of foot</li> <li>5) Lutz</li> </ol>



## DANCE

Note that only one skater must meet the requirements. The other skater may be at any level.

Dance Level	Eligibility	Solo Dance	Shadow Dance
Pre-Juvenile	Passed no more than 3 pre-Bronze dances (Skate Canada Sr. Bronze)	Fiesta Tango	Cha-Cha
Juvenile	Passed no more than 3 Bronze dances (Skate Canada Sr. Bronze)	Willow Waltz	Hickory Hoedown
Intermediate	Passed no more than 1 Silver Dance (Skate Canada Jr. Silver)	Foxtrot	Fourteenstep
Novice	Passed no more than 2 pre-Gold dances (Skate Canada Sr. Silver)	American Waltz	Rocker Foxtrot
Junior	Passed more than 3 Gold dances (Skate Canada Sr. Silver)	Blues	Killian
Senior	None	Argentine Tango	Quickstep

## OPEN DANCE

Couples only, no requirements

Rhythm Blues, Swing Dance, Ten Fox, European Waltz, Rocker Foxtrot, Paso Doble, Argentine Tango

## SHOWCASE

Only handheld props will be allowed with no assistance getting prop on or off the ice. The referee has the right to deem any prop as hazardous and not allow its use. Showcase will be judged on the following facets of performance: choreography, music interpretation, costuming, originality, technical merit.

Free Skate Level	Eligibility	Program Length
Beginner	Must not have passed pre-Preliminary FS	1:30 to 2:00
Pre-Preliminary / Preliminary	Must not have passed Pre-Juvenile FS (Skate Canada Jr. Bronze)	1:30 to 2:00
Pre-Juvenile / Juvenile	Must not have passed Intermediate FS (Skate Canada Sr. Bronze)	2:00
Intermediate / Novice	Must not have passed Junior FS (Skate Canada Sr. Silver)	2:00
Junior/Senior		2:00

## ADULT INTERPRETIVE FREE SKATE

**Must be 21 years or older**

The Adult Interpretive Free Skating Event (based on US FIGURE SKATING Adult Nationals rules) shall consist of a variety of skating moves and elements selected for their value in enhancing the skater's interpretation of the music. Axels and double jumps will not be permitted. Costumes that enhance the performance by appropriately reflecting the character of the music and theme will be considered in the judging. Props on the ice will not be permitted. Vocal music is permitted. Maximum music length is 1 minute 40 seconds.

# 2010 Champlain Valley Open Team Compulsory Moves Entry Form

Team Name: \_\_\_\_\_ Home Club: \_\_\_\_\_

**CONTACT PERSON FOR THIS TEAM:**

Name \_\_\_\_\_ Telephone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_

Application Fee: Compulsory Team Event -- \$60.00 per Team

Checks should be made payable to: Champlain Valley Skating Club and mailed to:  
Champlain Valley Open c/o Sharron Scott, 290 Oak Ridge Est, Morrisville VT 05661

Applications post-marked after June 19, 2010 will be accepted pending the approval of the Chief Referee for an additional \$30 late fee.

Please enter this team into the following event:

\_\_\_\_\_ Pre-Preliminary/Preliminary

\_\_\_\_\_ Pre-Juvenile/Juvenile

3 to 5 Team Members:

List of Team members (please print clearly):

Member Name	DOB	Address	Telephone	Email Address	Sex	U.S. Figure Skating / Skate Canada #	Highest Free Skate Test Passed as of June 19, 2010
1.							
2.							
3.							
4.							
5.							

# 2010 Champlain Valley Open Adult Application July 23-25, 2010

Mail entry form and with ALL signatures to: Champlain Valley Open c/o Sharron Scott, 290 Oak Ridge Estates, Morrisville VT 05661

Last Name:	First Name	Gender: M F	Date of Birth (mm/dd/yy):
Street		City/State/Zip Code	
Email Address		Telephone	
US Figures Skating/Skate Canada #		Home Club	
Highest test passed as of June 19, 2010: Free Skate If none, mark N/A or None		MIF	Dance
Partner's Name (Dance, Similar Pairs) If more than one partner event specify names and events.			

Skating Professional		Optional Skating Professional	
Name:	USFS #:	Name:	USFS#:
Signature:		Signature:	
e-mail:		e-mail:	

Adult Free Skate Critique <input type="checkbox"/> Yes <input type="checkbox"/> No	Adult Compulsory Moves	Open Dance (not adult only)	Solo Dance (not adult only)
Adult Pre-Bronze	Adult Pre-Bronze	Rhythm Blues	Pre-Juvenile
Adult Bronze	Adult Bronze	Swing Dance	Juvenile
Adult Silver	Adult Silver	Ten Fox	Intermediate
Adult Gold	Adult Gold	European Waltz	Novice
		Rocker Foxtrot	Junior
		Paso Doble	Senior
		Argentine Tango	

Adult Interpretive	Adult Compulsory Spins
Adult	Adult Pre-Bronze
	Adult Bronze
	Adult Silver
	Adult Gold

Fees			
<b>Single Events</b> 1 <sup>st</sup> Event: \$65 2 <sup>nd</sup> Event: \$45 Additional events: \$40	<b>Partnered Events (not IJS)</b> 1 <sup>st</sup> Event: \$30 per person Additional events: \$25/person  Make checks payable to: <b>Champlain Valley Skating Club - US Funds only</b>	Total Amount Enclosed: \$ _____  Late Fee (if applicable (\$30)) \$ _____  <b>TOTAL AMOUNT ENCLOSED</b> \$ _____	

For Credit Card Payments: Visa/Mastercard# \_\_\_\_\_ Exp Date: \_\_\_\_\_ Amt Due: \_\_\_\_\_

Cardholder Name (print): \_\_\_\_\_ Signature: \_\_\_\_\_

Billing Address: \_\_\_\_\_

**CERTIFICATE OF ELIGIBILITY:** I certify that \_\_\_\_\_ is a member in good standing of this club and is an amateur in accordance with the rule of US Figure Skating and Skate Canada, and is eligible to skate in the specified event(s).

Name of Club \_\_\_\_\_ Name of club official (print) \_\_\_\_\_

Club Official Signature \_\_\_\_\_ Date \_\_\_\_\_ Title \_\_\_\_\_

**INDEMNITY CLAUSE:** U.S. Figure Skating, Champlain Valley Skating Club and the rink undertake no responsibility for damages or injuries suffered by the skaters. As a condition of and in consideration of acceptance of their entries for participation therein, all entrants shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of this competition, and to waive and release any and all claims which they might have against any official, U.S. Figure Skating, Champlain Valley Skating Club, its officers or the rink holding this competition. All entries shall be accepted only on such condition. (3222)

Skater name (please print): \_\_\_\_\_

Skater Signature \_\_\_\_\_ Date \_\_\_\_\_

# 2010 Champlain Valley Open Application July 23-25, 2010

Mail entry form and Permission Page to: Champlain Valley Open c/o Sharron Scott, 290 Oak Ridge Estates, Morrisville VT 05661

Last Name:	First Name	Gender: M F	Date of Birth (mm/dd/yy):
Street		City/State/Zip Code	
Email Address		Telephone	
US Figures Skating/Skate Canada #		Home Club	
Highest test passed as of June 19, 2010: Free Skate If none, mark N/A or None		MIF	Dance
Partner's Name (Dance, Similar Pairs) If more than one partner event specify names and events.			

Skating Professional		Optional Skating Professional	
Name:	USFS #:	Name:	USFS#:
Signature:		Signature:	
e-mail:		e-mail:	

<b>Short Program Critique</b> <input type="checkbox"/> Yes <input type="checkbox"/> No Intermediate (IJS) Novice (IJS) Junior (IJS) Senior (IJS) <b>Free Skate</b> No Test Pre-Preliminary Preliminary Pre-Juvenile <b>Free Skate Critique</b> <input type="checkbox"/> Yes <input type="checkbox"/> No Open Juvenile Juvenile (IJS) Intermediate (IJS) Novice (IJS) Junior (IJS) Senior (IJS)	<b>Competitive Test Track</b> Limited Beginner Beginner Pre-Preliminary Preliminary Pre-Juvenile Juvenile Intermediate Novice Junior Senior <b>Moves in the Field</b> Pre-Preliminary Preliminary Pre-Juvenile Juvenile Intermediate Novice Junior Senior	<b>Compulsory Moves</b> Beginner Pre-Preliminary Preliminary Pre-Juvenile Juvenile Intermediate <b>Compulsory Spins</b> Beginner Pre-Preliminary/Preliminary Pre-Juvenile/Juvenile Intermediate/Novice Junior/Senior <b>Showcase</b> Beginner Pre-Preliminary/Preliminary Pre-Juvenile/Juvenile Intermediate/Novice Junior/Senior <b>Similar Pairs</b> Pre-Preliminary/Preliminary Pre-Juvenile and Above	<b>Solo Dance</b> Pre-Juvenile Juvenile Intermediate Novice Junior Senior <b>Shadow Dance</b> Pre-Juvenile Juvenile Intermediate Novice Junior Senior <b>Open Dance</b> Rhythm Blues Swing Dance Ten Fox European Waltz Rocker Foxtrot Paso Doble Argentine Tango
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Fees			
<b>IJS Single Events</b> 1 <sup>st</sup> Event: \$80 2 <sup>nd</sup> Event \$50 <b>Single Events</b> 1 <sup>st</sup> Event: \$65 2 <sup>nd</sup> Event: \$45 Additional events: \$40	<b>Partnered Events</b> (not IJS) 1 <sup>st</sup> Event: \$30 per person Additional events: \$25/person  Make checks payable to: <b>Champlain Valley Skating Club - US Funds only</b>	Total Amount Enclosed: \$ _____  Late Fee (if applicable (\$30)) \$ _____  <b>TOTAL AMOUNT ENCLOSED</b> \$ _____	

For Credit Card Payments: Visa/Mastercard# \_\_\_\_\_ Exp Date: \_\_\_\_\_ Amt Due: \_\_\_\_\_

Cardholder Name (print): \_\_\_\_\_ Signature: \_\_\_\_\_

Billing Address: \_\_\_\_\_

**CERTIFICATE OF ELIGIBILITY:** I certify that \_\_\_\_\_ is a member in good standing of this club and is an amateur in accordance with the rules of US Figure Skating and Skate Canada, and is eligible to skate in the specified event(s).  
 Name of Club \_\_\_\_\_ Name of club official (print) \_\_\_\_\_  
 Club Official Signature \_\_\_\_\_ Date \_\_\_\_\_ Title \_\_\_\_\_


**INDEMNITY CLAUSE:** U.S. Figure Skating, Champlain Valley Skating Club and the rink undertake no responsibility for damages or injuries suffered by the skaters. As a condition of and in consideration of acceptance of their entries for participation therein, all entrants with their parents and guardians shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of this competition, and to waive and release any and all claims which they might have against any official, U.S. Figure Skating, Champlain Valley Skating Club, its officers or the rink holding this competition. All entries shall be accepted only on such condition. (3222)

Skater name (please print): \_\_\_\_\_ Parent Name (please print) \_\_\_\_\_  
 If skater is under 18 years of age  
 Skater Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Or Parent Signature if skater is under 18 years of age \_\_\_\_\_

Dear Parents, Relatives and Friends:

We would like to invite you to purchase a good luck advertisement for the 2010 Champlain Valley Open Program to show your support for your favorite skater(s).


Below is a selection of advertisements with grayscale artwork to choose from. Ads will be vertical or horizontal based on space. Ads are 1" x 2" and cost \$5.00 each. *(PLEASE NOTE: For business advertisements, please email [kalinen@comcast.net](mailto:kalinen@comcast.net) to request appropriate order form and contact information).*




**A.** \$5.00  
Your message here. Limit 10 words.



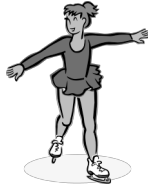
**B.** \$5.00  
Your message here. Limit 10 words.




**C.** \$5.00  
Your message here. Limit 10 words.



**D.** \$5.00  
Your message here. Limit 10 words.



**E.** \$5.00  
Your message here. Limit 10 words.



**F.** \$5.00  
Your message here. Limit 10 words.

Circle your choice: A B C D E F

Amount Enclosed: \$ \_\_\_\_\_

Message: \_\_\_\_\_

Your Name: \_\_\_\_\_ Phone # \_\_\_\_\_

Email: \_\_\_\_\_ Skaters Name: \_\_\_\_\_

If you have any questions, please email or call Cindy Kalinen at [kalinen@comcast.net](mailto:kalinen@comcast.net) or 802-879-1955

Please return this form with full payment no later than June 19, 2010 (checks payable in US funds to CVSC).  
Forms may be sent in with your application or separate forms may be mailed to:

CVSC  
P.O. Box 3212  
Burlington, VT 05408